

2017 READING LIST

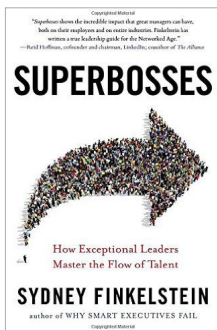


9 BOOKS TO HELP YOU LEAD WITH INTENTION

Our research shows 99 percent of employees with high well-being and high organizational support recommend their company as a great place to work.¹

WHAT'S ORGANIZATIONAL SUPPORT?

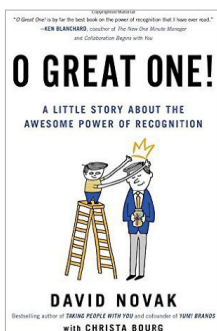
It's the resources and nudges an organization intentionally provides employees to encourage well-being improvement. Ready to help your employees thrive? These 9 books will inspire you to become a more supportive leader in 2017.



SUPERBOSSSES: HOW EXCEPTIONAL LEADERS MASTER THE FLOW OF TALENT

BY SYDNEY FINKELSTEIN

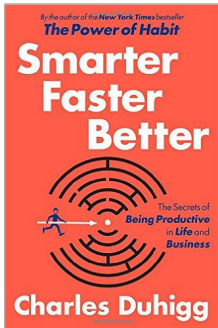
Learn from the world's most effective bosses on how they motivate, inspire and nurture their people. By fostering a culture of respect and innovation, superbosses create powerful networks of extraordinary talent.



O GREAT ONE!: A LITTLE STORY ABOUT THE AWESOME POWER OF RECOGNITION

BY DAVID NOVAK

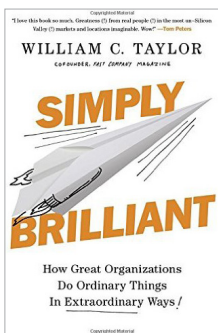
This page turner gives 10 principles to bring out the best in your people. David Novak draws upon his corporate journey to illustrate how genuine appreciation can improve the lives around you. At Limeade, we found employees work harder when they feel managers appreciate their efforts.



SMARTER FASTER BETTER: THE SECRETS OF BEING PRODUCTIVE IN LIFE AND BUSINESS

BY CHARLES DUHIGG

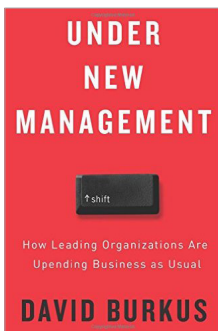
Productivity isn't just about getting things done. It's about being efficient and learning to prioritize. Charles Duhigg uses real-life stories to teach you how the psychology behind motivation, focus, goal-setting and decision-making can work in your favor.



SIMPLY BRILLIANT: HOW GREAT ORGANIZATIONS DO ORDINARY THINGS IN EXTRAORDINARY WAYS

BY WILLIAM C TAYLOR

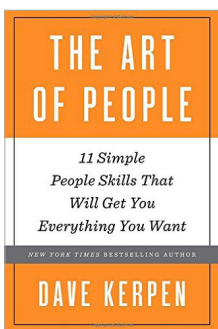
William Taylor's message is simple: build your own definition of success. Don't focus on your competition. Rethink the everyday to find inspiration for innovation. To bring our culture of improvement to life, Limeade invites employees across the country to our biannual Own It Day, where we pitch, build and launch product improvements.



UNDER NEW MANAGEMENT: HOW LEADING ORGANIZATIONS ARE UPENDING BUSINESS AS USUAL

BY DAVID BURKUS

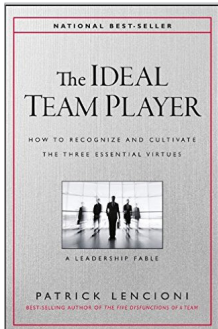
It's time to let go of old management practices. David Barkus' profile on great companies shows how they improved business. When organizations rethink work-life integration, they enhance employee engagement, satisfaction, retention and health. What unconventional changes make sense for your workplace?



THE ART OF PEOPLE: 11 SIMPLE PEOPLE SKILLS THAT WILL GET YOU EVERYTHING YOU WANT

BY DAVE KERPEN

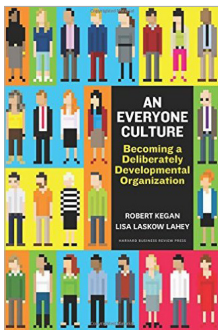
A modern-day version of "How to Win Friends and Influence People," Dave Kerpen shares tips and tricks to becoming a people person. To be a successful leader, you need to pay attention to how others think, feel and act.



THE IDEAL TEAM PLAYER: HOW TO RECOGNIZE AND CULTIVATE THE THREE ESSENTIAL VIRTUES

BY PATRICK M. LENCIONI

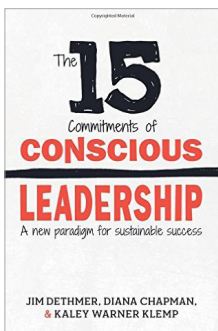
Patrick Lencioni created a toolkit to help you build a company culture around the three qualities of a great team player: humility, hunger and smarts. An employee's teammates are valuable resources (and cheerleaders) for well-being support, so it's important for organizations to nurture teamwork.



AN EVERYONE CULTURE: BECOMING A DELIBERATELY DEVELOPMENTAL ORGANIZATION

BY ROBERT KEGAN & LISA LASKOW LAHEY

Worrying about how others perceive you is a waste of energy — but it's in the DNA of most high achievers. This book examines three companies that take a “people development” approach to culture, which helps employees reach their full potential.



THE 15 COMMITMENTS OF CONSCIOUS LEADERSHIP: A NEW PARADIGM FOR SUSTAINABLE SUCCESS

BY JIM DETHMER, DIANA CHAPMAN, & KALEY KLEMP

This book is a game changer for businesses. And our team's reading it together to kick off 2017 with intentional leadership. We pledge to learn through curiosity, be the resolution, take radical responsibility and 12 other powerful commitments that will push us to become conscious leaders.

¹Limeade and Quantum Workplace. (2016). 2016 Well-being & Engagement Report. Retrieved from www.limeade.com/engagementreport/