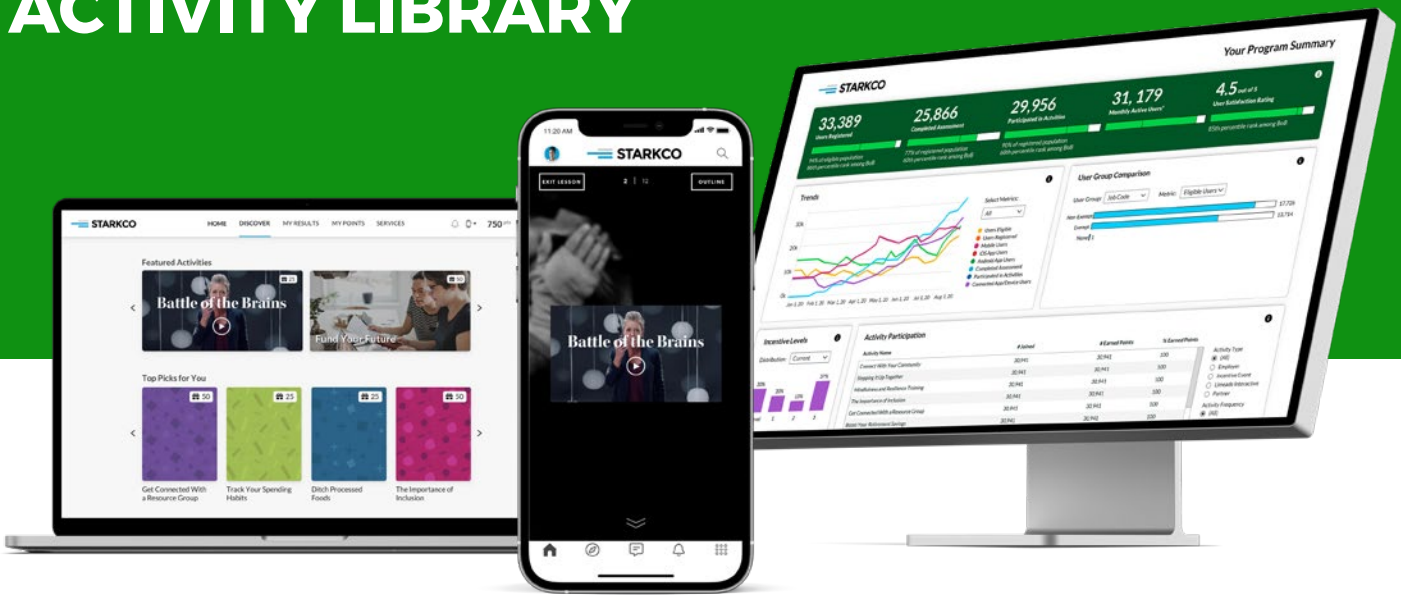


LIMEADE WELL-BEING ACTIVITY LIBRARY



Inspirational, whole-person activities to care for employee well-being.

Limeade creates challenges and activities derived from evidence-based research and with guidance from subject-matter experts. Our content strategy is rooted in positive psychology — which means we focus on what's right with people, not what's wrong.

Limeade activities encourage program participation, strengthen employee engagement and build positive habits through a series of trackable actions. The Limeade Activity Library includes access to hundreds of whole-person well-being activities plus recommended engagement and inclusion activities.

A dynamic, interactive and sequenced content experience

- A more expansive approach to well-being including physical, emotional, work, financial, engagement and inclusion activities
- Over 125 professionally translated globally-relevant activities
- Featured activities align to company culture and goals
- Team activities connect employees and promote friendly competition
- Targeted activities to support managers and leaders as well as employees
- Dynamic, video-based content from subject matter experts on a variety of topics
- Employees choose activities based on their Well-Being Assessment results or interest with My Choice activities and earn rewards for achieving milestones and leveling up
- Customize and create new activities specific to your company goals

Activity Library Overview



Emotional well-being

Building positive social relationships, connecting with others and the community, managing stress and building resilience.

Activity Examples:

- Environmental hacks to bypass stress
- Cheer someone on



Physical well-being

Exercising and strengthening the body, creating good habits for sleep and energy, and taking care of one's body.

Activity Examples:

- Do I drink enough water?
- Carb swap



Work well-being

Building culture and teams, supporting each other at work, career and professional development and feeling connected to the organization.

Activity Examples:

- Define and achieve your goals
- Take time to recharge



Financial well-being

Creating financial literacy, learning foundational building blocks, budgeting and planning for the future.

Activity Examples:

- How to spend smart
- Fund your future



Engagement

Improve engagement for all and enable organizations to act quickly to prevent burnout.

Activity Examples:

- Achieve it together
- Encourage innovation



Inclusion

Build and sustain an inclusive workplace to ensure all employees feel welcomed and valued.

Activity Examples:

- Do you feel empowered at work?
- Get connected with a resource group



Team Activities

Team activities connect employees and promote friendly competition. For example, you can create a team steps challenge connecting your different office locations together. These activities can be customizable to your goals or priorities!



Featured Activities

Employers can include custom activities that are important to their organization's goals or values with Featured Activities. Our Featured Activity template allows employers to create company-wide challenges or programs uniquely suited to their key initiatives (Giving, Volunteerism, Safety, Destination based, etc.).



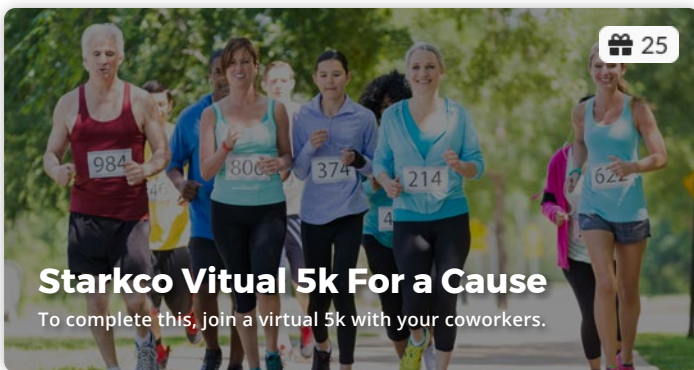
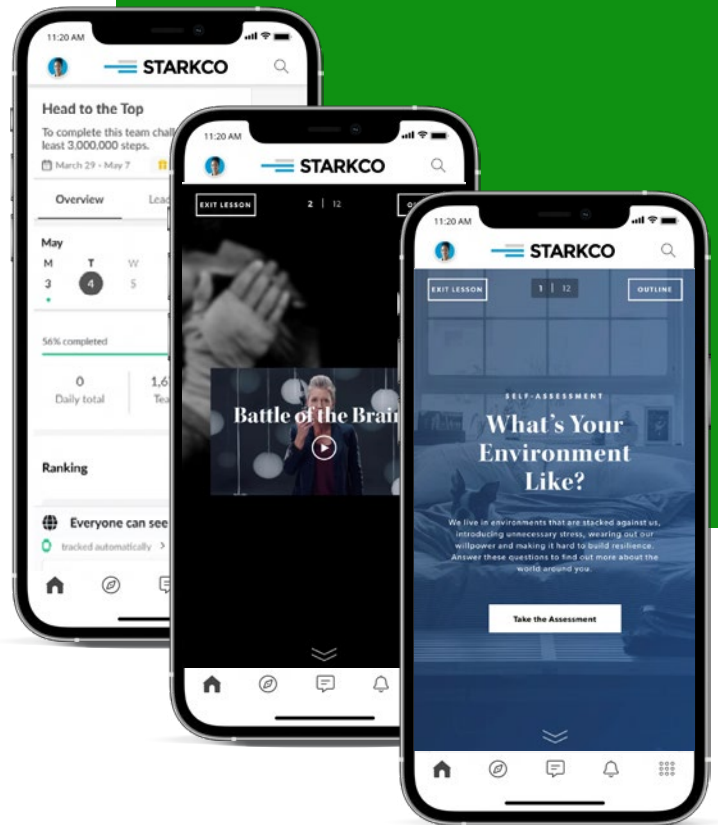
Global

Over 125 professionally translated whole-person well-being activities spanning 14 languages — one of the most robust and high-quality sets of global whole-person well-being content available.

Content is designed around learning and disrupting current behavior – guided by experts in the industry.

We help our customers build great programs that improve well-being and drive real employee engagement and mutual commitment.

We do this by connecting our content to people via personalization and different learning types. And we're enabling outstanding well-being, people and business results using our unmatched data, culled from millions of users, to identify the best content and incentive strategies for our customers' specific goals.



Team Activities

Having the support of other people is a critical step in adopting new patterns of behavior. From sharing words of encouragement to challenging each other to improve, an employee's team members and coworkers are valuable resources for well-being support. Limeade team activities are customizable to your organization and create camaraderie between employees.



Limeade is an employee experience software company on a mission to transform work into a source of positivity, energy, humanity and purpose. Founded in 2006, Limeade is a pioneer in the HR technology industry and is consistently recognized for its own award-winning culture. Today, Limeade solutions are used in approximately 100 countries around the globe. We help every employee know their company cares – and deliver people and business results that matter. Limeade partners with its customers to transform the overall employee experience by helping to improve employee well-being, engagement and sense of inclusion – in addition to reducing the risk of unwanted turnover and burnout. To learn more, visit www.limeade.com. (ASX listing: LME)